



Short Term Mission Trip Information

Alajuelita, COSTA RICA

October 18-25, 2013

Glad Tidings Missions

The activities you will partake in are . . .

- Visiting Children homes, school programs and feeding centers
- Visiting local churches to encourage believers, & to also share and hear their testimonies & preaching.
- One day excursion with Saddle Up Costa Rica.

The estimated cost of our trip breaks down like this:

AIRFARE/Delta Airlines \$ 650.00

Arranged by New Mercies Christian Church

IN COUNTRY COSTS/ADMIN \$ 300.00

(Includes: Lodging, local travels, 3 meals a day & airport exit tax)

CASH TO BRING WITH YOU \$ 200.00

(One day excursion, souvenirs & emergency money)

TOTAL \$1,150.00

IMPORTANT DEADLINES:

Due dates help Glad Tidings Missions get better airfare prices and secure seats. If payments are not met by a deadline, the price is subject to increase because of airfare cost.

July 28th

1. Deposit: \$150 with application

August 31st

1. Payment DUE: \$500
2. All shots scheduled at this point (Either with Dr. or Health Department)

September 29th

1. BALANCE DUE: \$300
2. Two COLOR copies of passport are due to Mission Department.

Glad Tidings Mission:

For more information please contact the Missions Director, Min. Phil VerBerkmoes:

missions@newmerciescc.org | 404-721-4110



Short Term Mission Trip Information

Alajuelita, COSTA RICA

October 18-25, 2013

COSTA RICA INFORMATION

IMPORTANT MEETING DATES

More information will be coming on where and when we will meet.

Sunday July 28th

Saturday August 31st

Sunday September 29th

Sunday October 13th

PASSPORT AND VISAS

You will need a valid passport for this mission trip. US citizens and permanent residents do not need a visa. However, we recommend that you check with the Costa Rican consulates if you are traveling with a non-US passport.

FLIGHT INFO:

DATE	FLIGHT	DEPARTS	TIME	ARRIVAL	TIME
Oct. 18	415	Atl	9:50am	San Jose	11:53am
Oct. 25	412	San Jose	1:03pm	Atl	7:05pm

BAGS INCLUDED:

- 1 free carry on with personal item like a bookbag or purse
- 1st checked bag free
- 2nd bag - \$40 each way total of \$80 (Weight no more than 50lbs and 62 inches in linear L+W+H)

REQUIRED ITEMS:

- Comfortable clothes for entire stay
- Comfortable close-toed shoes
- Sandals, flip-flops, or shower shoes
- Toiletries (soap, shampoo, toothbrush, toothpaste, deodorant, etc...)
- Bible

Glad Tidings Mission:

For more information please contact the Missions Director, Min. Phil VerBerkmoes:

missions@newmerciescc.org | 404-721-4110



Short Term Mission Trip Information

Alajuelita, COSTA RICA

October 18-25, 2013

OPTIONAL COMFORT ITEMS:

- Sunglasses
- Sunscreen
- Bug Spray (Bugs are not a big problem)
- Backpack (small school size backpack)
- Poncho or Umbrella
- Hand Sanitizer
- Water Bottle
- Hat
- Small Flashlight
- Watch
- Snacks (Individually wrapped work best)
- Digital Camera
- Spending Money
- Ear plugs (you will be sharing a room with others)
- Alarm Clock
- Journal

COSTA RICA MEDICAL INFORMATION

Medical Information

We require that Medical History and Release Forms be completed by each participant. For minors, the form must be signed by a parent or guardian.

Insurance

We require every participant to have health insurance to cover medical needs while in Costa Rica. We ask that you check with your insurance provider to ensure your policy covers international travel. Most major insurance providers will cover international travel up to 60 days. If you don't currently have health insurance or your policy doesn't cover international travel, you must purchase a temporary traveler insurance policy that covers you for the duration of your stay.

Water

In most parts of Costa Rica the water is safe to drink. We inform participants if they enter into an area where the drinking water may be contaminated. Bottled water may be purchased locally.

Shots

Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-pertussis-tetanus vaccine, varicella (chickenpox) vaccine, and your yearly flu shot.

Recommended but not needed:

- Hepatitis A
- Typhoid

There are no required shots to enter Costa Rica. However, we recommend that each participant have a current tetanus shot. We recommend that you visit the Center for Disease Control's web-site at <http://www.cdc.gov> for the most current and accurate information.

Glad Tidings Mission:

For more information please contact the Missions Director, Min. Phil VerBerkmoes:

missions@newmerciescc.org | 404-721-4110